

## Post Op Instructions for Crowns and Bridges.

### Temporary Crowns or Bridges

You have just received a temporary crown. This temporary crown is meant only to serve your needs while a permanent crown is being made for you.

- **Color:** The color of the plastic temporary crown does not resemble the final (permanent) crown.
- **Shape and Size:** Temporary crowns are custom-made for each patient, but they will not, in any way, resemble the final crown, which is being made especially for you.
- **Tooth Sensitivity:** Your temporary crown will help protect the sensitivity of the prepared tooth. However, it does not fit your mouth like the permanent crown, so you may notice sensitivity to heat, cold, or sweet.

Here are some other things you need to know about your temporary crown:

1. The temporary cement requires about 30 minutes to set. *Please do not chew during that period of time.*
2. Please refrain from chewing gum, candies, or foods that might stick to the crown or even pull it out.
3. Temporary crowns are not strong they may occasionally break or come off. If this should happen to you, please contact our office immediately, bring your crown with you and we will replace it.
4. Please do **not** leave the temporary crown out of your mouth. Without the temporary crown, your teeth may move and then the permanent crown may not fit!
5. Do not brush or floss too vigorously around your temporary crown. It is important to keep the area clean- but use caution.
6. It is imperative that you return to our office at the appointed time for your permanent crown. Failure to do so may result in the need to re-prepare the tooth and re-make the crown at your cost.

### Final Crown Placement:

1. **Occlusion:** After the permanent restoration is placed you may feel slight pressure for a few days. Also, the bite may feel different for a day or two. But if the bite feels uneven or you feel discomfort on chewing on the tooth after 2-3 days call our office.
2. **Sensitivity:** Don't worry about mild sensitivity to hot or cold foods. This sensitivity will disappear gradually over a few weeks. Infrequently, sensitivity lasts longer than six weeks. Please notify us if this occurs.
3. **Preventative Procedures:** To provide optimum longevity for your restorations and to prevent future dental decay and supporting tissue breakdown, please use proper preventive procedures like brush and floss twice daily, use a waterpic or Interplak toothbrush and fluoridated mouth wash.
4. **Recalls:** The most significant reason for prosthesis failure is inadequate return for examination. Visit us at regular six-month examination periods. Often problems that are developing around the restorations can be found at an early stage and corrected easily.